



St Cuthbert's RCVA Primary

PSHE Curriculum Statement

NATIONAL CURRICULUM PURPOSE OF STUDY

THE NATIONAL CURRICULUM STATES THAT:

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.

PSHE is a non-statutory subject. To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. PSHE can encompass many areas of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription.

However, while we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

Relationships and sex education

Relationships and sex education (RSE) is an important part of PSHE education. Relationships education is compulsory for all primary school pupils, and relationships and sex education (RSE) is compulsory for all secondary school pupils.

When any school provides RSE they must have regard to the Secretary of State's guidance, this is a statutory duty.

CURRICULUM INTENT

The intent of our PSHE curriculum is to enable our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. At St. Michael's school, we want our children to become more resilient and understand that it is okay to make mistakes, as long we learn from them. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

CURRICULUM IMPLEMENTATION

SEQUENCE

PSHE is a non statutory subject in the National Curriculum. Our school uses the objectives from the curriculum as the basis for the planning in PSHE. Planning is progressive and is built on each year.

TEACHING & LEARNING

At St. Cuthbert's we deliver the PSHE curriculum by utilising first-hand experience and sharing good practice and through our positive behaviour systems.

The delivered curriculum reflects the needs of our pupils and is tailored to meet specific needs. Teachers use the PSHE lessons to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

The curriculum is split into three core themes of: Health and Wellbeing, Relationships and Living in the Wider World. The children will meet these themes throughout the course of the year and the themes are built upon as the children move through school.

Staff and children use floor books and PSHE books to record their responses and progress in PSHE sessions.

Through the programme of study the children should have a good balance of these overarching concepts:

- Identity
- Relationships
- A healthy, balanced lifestyle,

- Identification of risk and safety
- Diversity and equality
- Rights, responsibilities and consent
- Change and resilience
- Power
- Career

At St. Cuthbert's we believe that PSHE plays a vital part of primary education and needs to be taught at least weekly; although there will also be opportunity to make cross curricular links and these opportunities should not be missed. This enables staff to ensure full coverage of the PSHE scheme of work. There are always occasions where staff may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class.

PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing community. PSHE is an important part of school assemblies and collective worship where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

Our RSE curriculum is planned, taught and resourced through the recommended Diocesan scheme, Life to the Full. Life to the Full only covers the statutory requirements of RHE. In practice, this means that much of "Living in the Wider World" within PSHE is not covered in the programme. We use resources from the PSHE Association for this aspect of PSHE.

SPECIAL EDUCATIONAL NEEDS | MORE ABLE, GIFTED & TALENTED

All lessons are tailored to the needs of the children in the class. Teachers model activities as well as providing different levels of difficulty to support less able pupils and lessons are adapted to be inclusive of physical disabilities. Quality first teaching strategies aim to include all pupils. Any significant concerns are raised in SEND termly meetings.

SPIRITUAL, MORAL, SOCIAL & CULTURAL DEVELOPMENT

The Diocese of Hexham and Newcastle Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education curriculum framework, is offered as guidance, to be adapted by schools as required. It covers EYFS, KS1, lower KS2 and upper KS2 and it is based on five core themes within which there will be some overlap. It is adaptable to the age and ability of the pupils. The five themes are:

- Moral (this explores the individual) Children will learn: about the Christian belief to love self, made in the image and likeness of God, and an understanding of the importance of respecting, valuing and understanding themselves as the basis for personal relationships.
- Spiritual (this explore the individual's approach to the world and relationships through their relationship with God) Children will learn: about the Christian belief in a personal relationship with God which will guide their relationships with others.

- Physical (this explores the individual's response to the world as they change and develop physically) Children will learn: about how they change and grow, the changes that will take place in their body and rooted in the command to love, the basis of all Christian life. *They will learn the facts about human reproduction, how love is expressed sexually and how sexual love plays an essential and sacred role in procreation
- Emotional (this explores the individual's relationships through their emotional responses and how to deal with them) Children will learn: about the changes which happen in life, how to manage their feelings and behaviour rooted in Gospel values.
- Social (this explores the individual's relationships with others in the local community and the wider world) Children will learn: how human beings live in the wider community, including how to keep safe in situations with others and how to spread the Gospel for the good of individuals and the wider world.

CURRICULUM IMPACT

Our school values and inclusion of safeguarding within our curriculum is vital as first and foremost, we want our children to be safe and happy so that they can excel in all aspects of school life. Our PSHE curriculum provides them with a chance to reflect and learn about these crucial elements.

Our children and staff value well-being, mental health and good citizenship. Through our curriculum, we believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world.

ASSESSMENT & RECORDING

Teachers assess children's work in PSHE by making informal judgements as they observe them during lessons. Staff also use the assessment materials from the Ten:Ten scheme of work.

MONITORING & REVIEW

The monitoring of the standards of children's work and of the quality of teaching through monitoring planning, lessons and pupil voice in PSHE is the responsibility of the PSHE lead/Head Teacher.

The work of the PSHE lead also involves supporting colleagues in the teaching of PSHE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school. Pupils and staff also have opportunities informally and more formally to make suggestions e.g. through questionnaires and in curriculum staff meeting time.

The PSHE lead reports to the full governing body as part of the Head Teacher's report.

EXTERNAL VERIFICATION

The PSHE lead attends diocesan cluster meetings to share their practice with other teachers and schools. Relevant Continual Professional Development training opportunities are also attended by the PSHE Lead.

APPENDIX 1 – Overview of Ten Ten RSE scheme of work.

CORE THEME	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community	
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
EYFS The NEW for 2020	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity
	Story Sessions: Handmade with Love "NEW"	Session 1 I Am Me "NEW" Session 2 Health, Shoulders, Knees and Toes "NEW" Session 3 Ready, Tidy?? "NEW"	Session 1 Like You Like, We All Like! "NEW" Good Feelings, Bad Feelings "NEW" Session 3 Let's Get Real "NEW"	Session 1 Growing Up "NEW"	Session 1 Role Model "NEW"	Session 1 Who's Who? "NEW" Session 2 You've Got a Friend in Me "NEW" Session 3 Friends "NEW" Session 4: People Who Help Us "NEW"	Session 1 Safe Inside and Out "NEW" Session 2 My Body, My Rules "NEW" Session 3 Feeling Sorry "NEW" Session 4: People Who Help Us "NEW"	Session 1 God's Love "NEW" Session 2 Loving God, Loving Others "NEW"	Session 1 Me, You, Us "NEW"
TOPIC	Module 1 Unit 1	Module 1 Unit 2	Module 1 Unit 3	Module 1 Unit 4	Module 2 Unit 1	Module 2 Unit 2	Module 2 Unit 3	Module 3 Unit 1	Module 3 Unit 2
KEY STAGE ONE	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity
	Story Sessions: Let the Children Come "NEW"	Session 1: I Am Unique Session 2: Girls and Boys Session 3 & 4 (two sessions): Clean & Healthy "NEW"	Session 1: Feelings, Likes and Dislikes Session 2: Feeling Inside, Out Session 3: Super Super Gets Angry	Session 1: The Cycle of Life "Updated"	Session 1: God Loves You	Session 1: Special People Session 2: Trust Others Well... Session 3: ...and Say Sorry	Session 1: Being Safe Session 2: Good Secrets & Bad Secrets Session 3: Physical Contact Session 4: Harmful Substances "NEW" Session 5: Can You Help Me? (can be split into 2) "NEW"	Session 1: Three in One "Updated" Session 2: Who is My Neighbour?	Session 1: The Communities We Live In
TOPIC	Module 1 Unit 1	Module 1 Unit 2	Module 1 Unit 3	Module 1 Unit 4	Module 2 Unit 1	Module 2 Unit 2	Module 2 Unit 3	Module 3 Unit 1	Module 3 Unit 2
LOWER KEY STAGE TWO	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity
	Session 1: Get Up! "NEW" Session 2: The Sacraments "Updated"	Session 1: We Don't Have To Be The Same Session 2: Respecting Our Bodies Session 3 (Yr4+) What is Puberty? Session 4 (Yr4+) Changing Bodies Session 5 (Yr4+) Conception Covers... optional	Session 1: What Am I Feeling? Session 2: What Am I Learning About? Session 3: I Am Thankful	Session 1 (Yr4+): Life Cycles	Story Sessions: Jesus, My Friend	Session 1: Friends, Family and Others Session 2: When Things Feel Bad	Session 1: Staying Online Session 2: Chatting Online Session 3: Safe in My Body Session 4: Drugs, Alcohol and Tobacco "NEW" Session 5: First Aid Heroes "NEW"	Session 1: A Community of Love "Updated" Session 2: What is the Church?	Session 1: How Do I Love Others?
TOPIC	Module 1 Unit 1	Module 1 Unit 2	Module 1 Unit 3	Module 1 Unit 4	Module 2 Unit 1	Module 2 Unit 2	Module 2 Unit 3	Module 3 Unit 1	Module 3 Unit 2
UPPER KEY STAGE TWO	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity
	Story Sessions: Calling the Sheep "NEW"	Session 1: Girls and Tablets Session 2: Girls' Bodies Session 3: Boys' Bodies Session 4: Sleep and Sleep	Session 1: Body Image Session 2: Popular Feelings Session 3: Emotional Changes Session 4: Saying 'No' Online	Session 1: Making Babies (P1) Session 2: Making Babies (P2) *Optional for year Programme Coordinator Session 3: Menstruation	Session 1: Is God Calling You?	Session 1: Under Pressure Session 2: Do You Want a Piece of Cake? Session 3: Sell Tale	Session 1: Choosing Not Always Caring Session 2: Cyberbullying Session 3: Types of Abuse Session 4: Impactful Lifestyles Session 5: Making Good Choices "NEW" Session 6: Giving Assistance "NEW"	Session 1: The Trinity "Updated" Session 2: Catholic Social Teaching	Session 1: Reaching Out